

POST TREATMENT INSTRUCTIONS

Dermal Fillers

A few simple guidelines both pre and post-treatment can make a difference between a good result and a fantastic one.

AVOID: Aspirin, Motrin, Ginkgo Biloba, Garlic, Flax Oil, Cod Liver Oil, Vitamin A, Vitamin E, or any other essential fatty acids at least 3 days to 1 week before and after Collagen treatment.

Discontinue Retin-A three (3) days before and three (3) days after treatment.

AVOID: Alcohol, caffeine, Niacin supplement, high sodium foods, high sugar foods, refined carbohydrates (you may eat fruit), spicy foods, and cigarettes 24-48 hours before and after your treatment.

Avoid Vigorous Exercise and Sun and Heat exposure for 3 days after treatment.

No makeup or lipstick until the next day. Earlier use can cause pustules.

Do NOT, touch, press, rub, or manipulate the implanted areas for 6 hours after treatment. You can cause irritation, sores and /or problems, and possible scarring if you do.

One side may heal faster than other side.

You must wait 2 weeks before retreating or correction.

******Please report any redness, blisters, or itching immediately if it occurs after collagen treatment. ******

I certify that I have been counseled in post treatment instructions and have been given written instructions as well.

Patient Signature: _____ Date: _____